

Sonas's work is only made possible through the support and funding of the following:

- Tusla the Child and Family Agency (HSE in 2013)
- The Dublin Region Homeless Executive (Dublin City Council, Fingal County Council, South Dublin County Council and Dun Laoghaire-Rathdown County Council)
- Fingal County Council specifically its support for Sonas's Viva Refuge in Blanchardstown
- Wicklow County Council



### **Foreword**

### Fiona Ryan CEO Sonas

In 2013 we celebrated our 21st birthday.

Celebration might seem like a strange word to use for an organisation that every day helps and supports women and children whose experiences of domestic abuse means lives filled with hidden anguish and despair, evident fear and desperation.

We work with women who have been raped and beaten, who have been imprisoned in their own homes and so controlled they had to ask permission to get up in the night to comfort a crying child.

We work with children who are so locked into themselves that a single word is a triumph, or children who are so angry they can barely contain their rage and tears as they seek to lash out.

We work with families for whom every hour of every day is an exercise in risk management and terror containment as they anticipate what the perpetrator of their abuse will do next and what, if anything, they can do to avoid or minimise its impact.

So why celebrate? We celebrate because of the women and children who trust us to support them.

We celebrate the three-year-old boy barely able to speak when his mother came to us because he was never allowed make noise at home. He now runs around laughing and shouting. His mother has, reluctantly, even on occasion had to tell him to be a little quieter. Sometimes he even listens to her...

We celebrate the mother and daughter who have started being a family again. Their abuser terrorised both the woman and the little girl, and told the child it was her mother's fault this was happening to her.

We celebrate the woman who through our outreach service finally learned it was OK to turn on the light in her own home. She had been forbidden from turning the light and heating on without the permission of her partner. Over the course of 21 years, we have developed to become the largest provider of frontline services to women and children experiencing domestic abuse in the greater Dublin area. We began life as an organisation dedicated to providing housing for women and children made homeless as a result of domestic abuse. We listened and heard to what women and children were telling us, so now our services include:

- A 24 hour, 24/7 refuge service
- Specific supports for children delivered by our Children's Support Team across all services
- An outreach service delivered in the community providing support, advice and court accompaniment
- A Visiting Support Service an innovative outreach programme delivered to clients in their own homes in order to allow them stay in their home
- A Crisis Intervention Service linked to Visiting Support but specifically for women and children who are in homeless services
- Supported Housing in Clondalkin, Ringsend, Killester and in 2013, for the first time outside of Dublin, Wicklow

It is these services, the work that they do and the women and children they support that are the focus of this year's Sonas annual report.

Thank you, Fiona Ryan





# Contents

Successes and Challenges 2013	4
Clients	5
Sonas Services to Children and Families Experiencing Domestic Abuse	6
Charter of Children's Rights	7
Sonas Services Outreach, Visiting Support and Crisis Intervention Support and Housing Refuge	8
Directors' Report and Financial Statements for the year ended 31 December 2013	13

# Successes and Challenges 2013

#### Successes

- We worked with almost 700 women and children in 2013 in refuge, outreach and visiting support and housing – our fundamental goal was to help keep women and children safe
- We opened, in partnership with Wicklow County Council, a much needed additional service in the Wicklow area; providing a support service and safe and secure homes for women and children experiencing domestic abuse in the county
- We operated the first full year of the Visiting Support and Short Term Crisis Intervention services; provided by the same team and covering the greater Dublin area from Balbriggan to Dun Laoghaire and Blanchardstown to Ringsend, the services:
  - Supported women and children experiencing domestic violence to stay in their own homes by providing support, advocacy and court accompaniment where necessary
  - Supported women and children in homeless services experiencing domestic violence with advice, emotional support, risk and safety assessment and planning

### Challenges

- Absence of a multi-agency risk assessment and risk management framework and infrastructure
  - risk associated with domestic violence tends to be dynamic and when that is combined with low reporting rates of domestic abuse and associated low rates of perpetrator accountability then women and children will continue to be exposed and at heightened risk of abuse from perpetrators.
- Absence of adequate number of refuge spaces
  - almost five times as many women and children looked for refuge than Sonas was able to provide.
     Where we could, and it was appropriate ie low needs/low risk to women and children, we offered alternative Sonas services.

The fact remains that for women and children who are at high risk from abusers, refuge remains the service that can best keep them safe. Dun Laoghaire Rathdown remains the only Dublin Local Authority area without a refuge.

 Absence of appropriate housing options for women and children experiencing domestic abuse – the current housing crisis is challenging for families and individuals in normal circumstances; with domestic abuse, the situation can be life threatening, jeopardising the welfare and protection of women and children.

The effect of the current housing crisis on women and children experiencing domestic abuse is three fold: women and children are remaining in abusive situations due to lack of housing options – combined with low rates of reporting and securing of safety orders this poses a real threat to women and children; women and children are leaving refuge and returning to abusive situations; women and children are leaving refuge and entering homeless services exacerbating an already difficult situation and potentially exposing them to additional risks to their welfare and wellbeing.

### **Clients**

### Who did we support in 2013?

- 326 women
- 260 children directly
- 200 children indirectly whose mothers were supported in Outreach, Visiting Support and Crisis Intervention Services

### Refuge

- 99 women
- 165 children

### Outreach and Visiting Support

- 173 women
- 200 children indirectly whose mothers were supported in Outreach, Visiting Support and Crisis Intervention Services

### Support/Housing

- 54 women
- 95 children

We supported women and children from 30 different nationalities/ethnicities in refuge...

2 out of 3 children in Sonas services are under the age of 10

The under 5s are the single biggest group of children



# Sonas Services to Children and Families Experiencing Domestic Abuse

Domestic violence is the abuse of children even if they are not the direct victims of the abuse. The very fact that they are made witness their mother being beaten or sexually assaulted or verbally diminished is an abuse in itself.

The link between child abuse and domestic abuse is well documented and children in Sonas services would have experienced abuse in their own right at the hands of perpetrators as well as watching or hearing their mother being abused.

Sonas worked directly with over 260 children in 2013 through our refuge and family support / housing support services and indirectly supported a further 180 by supporting their mothers through our Visiting Support and Outreach Services.

Sonas has a dedicated Children's Support Team working across refuge and family support/housing services. While our Outreach and Visiting Support Services can avail of the expertise of their colleagues in the Children's Support Team. Each on-site Sonas service has specific play indoor and outdoor play facilities for children.

Our Children's Support Team members in 2013 worked with children on a 1:1 basis, in groups and with children and their mothers on rebuilding the parent-child bond. We used play therapy, structured activities to give children the space to safely disclose their experiences, process their emotions safely and, very importantly, to just play.

Our Children's Support Team heard of:

- Women having to ask permission and being denied that permission to go and comfort a crying or sick children in the night
- Children too afraid to speak or move unless absolutely necessary in case their noise and movement was a trigger for the abuse to start happening
- Children being beaten either trying to shield their mothers or else as part of their mothers' ongoing abuse by the perpetrator as he made the mother watch while he beat the children

### Charter of Children's Rights

Sonas is committed to supporting children realise their rights. The Sonas Children's Support Team drafted a Charter for Children in Sonas services in conjunction with some of the children that engage with our services.

# Charter of Children's Rights

#### 1. I have the right to be safe and protected

This means that no one can hurt me. I also need to feel safe, so there shouldn't be people or things around me that scare me

# 2. I have the right to be treated with respect and equality

This means accepting me for who I am, a girl or a boy, and treating me fairly

# 3. I have the right to be heard and to say what I'm thinking and feeling

This means having a say and being listened to about things that are important to me

# 4. I have the right to say when something feels wrong

This means that I can talk to somebody when something doesn't feel right

#### 6. I have the right to go to school

This means going to a school that meets my needs and helps me learn to the best of my abilities

#### 7. I have the right to play and have fun

This means that I have the right to do things that I enjoy like playing games, laughing and being silly

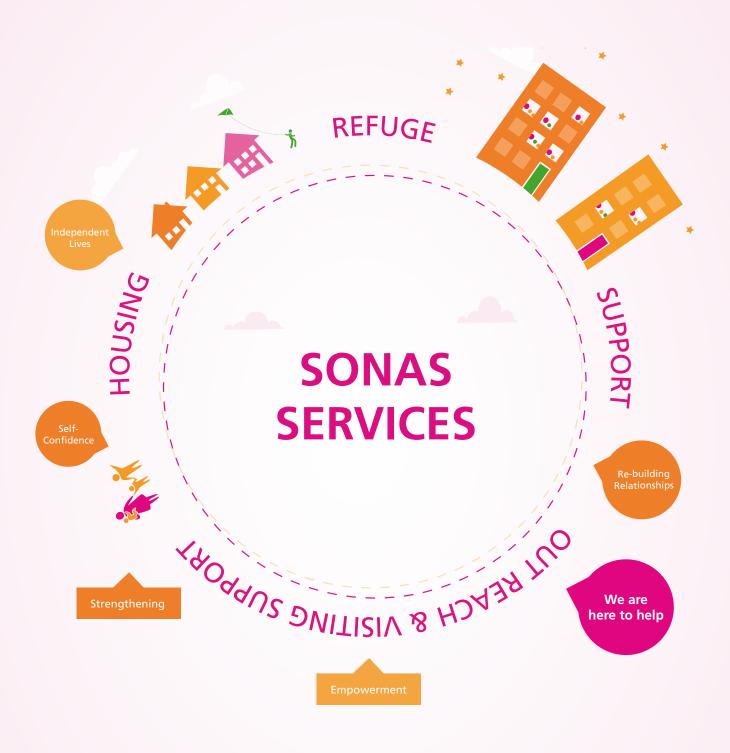
#### 8. I have the right to celebrate my culture

This means that I have the right to think and believe what I want and also to practise my religion and language as long as I am not stopping other people from enjoying their rights

# 9. I have the right to make choices about things that affect me

This means I can express my views and have my opinions taken seriously





# **Sonas Services:** Outreach, Visiting Support and Crisis Intervention

Sonas operates three community based services which supported 173 women in 2013:

- Sonas Outreach Service which operates in West and North Dublin (the outreach service was expanded in 2014 to cover North Dublin)
- Sonas Visiting Support Service an innovative outreach service specifically providing support to women in their own homes

"Sonas's Outreach Service was literally a lifeline for me. I never considered myself as experiencing domestic violence. To be honest, I thought I wasn't one of those women... I have a nice home, I work, my kids go to school. It sounds stupid now... I don't know, maybe I was ashamed to say it to anyone even though my kids and I were living in absolute terror.

When I met Mary in the café – we had arranged to meet there at lunchtime from work so it wouldn't arouse suspicions – she was able to safety plan with me and helped me find the courage to apply for a barring order. I don't think I would have done that without the Sonas Outreach Service."



# Sonas Services: Support and Housing

Sonas opened its fourth on-site supported housing service in 2013. Sonas Wicklow which provides support to women and children made homeless as a result of domestic violence, joined the Clondalkin, Ringsend and Killester services in Dublin in providing this unique service.

Sonas Wicklow was the result of an innovative partnership between Wicklow County Council and Sonas which earned the project an Irish Council for Social Housing Award.

The service is provided by members of Sonas Women's and Children's Support Teams and is intended to provide women and children, who have experienced domestic violence, with support and housing as they overcome their experiences of domestic abuse.

These services provided support to 149 women and children in 2013.



### SEANA'S STORY

After my ex-partner and I broke up, I moved back to my mother's with my kids. My Mam was great but it felt like we were nearly on top of each other all the time – me and the kids were sharing a bedroom, there was no room for any of their stuff and we were having to keep their clothes in suitcases. Then my ex used to come round to the house at all hours, we never knew when he was going to turn up. To be honest, I was getting really stressed, I didn't know what he would do and it was really impacting on my Mam and the kids. When we got the house in Sonas, I couldn't believe it. I felt we finally had our own space, not only physically but in my head too. The Sonas staff worked with my kids, I don't think I had really wanted to accept that they had been affected, I wanted to believe that it was just me. It was hard to accept that but once we did then it really felt we were moving forward. They also helped me find my confidence again and look at what I had been through and how I could stop my ex from controlling me even though we were no longer together. It wasn't just a place to live – it's been a whole new start for all of us.

# Sonas Services: Refuge

Sonas's Viva refuge in Blanchardstown provided a place of safety and support to 264 women and children in 2013. We sheltered and supported women and children fleeing the most desperate physical, psychological, sexual and emotional abuse.

Our Women's Support and Children's Support Teams worked with traumatised women, boys and girls. Women who were dazed from fear and worn down from violence, children closed off to even the most gentle of approaches and children who were so scared and angry, they wanted to lash out.

We supported them to plan what happens next whether it was to return home, find available alternative accommodation or go to homeless services. The current housing crisis with a shortage of suitable and affordable accommodation was and is having a disproportionately negative impact on women and children experiencing domestic violence. It is reducing the options available to women and children experiencing domestic violence, with many women viewing their situation as a choice between putting up with and managing abuse or homelessness.

Sonas is concerned that women at high risk may also be selecting not to go to refuge because of the perceived limited follow on housing options. Another issue of grave concern was the 7 out of 10 women who returned home from refuge without a barring/ safety or protection order.

We offered each woman and family who left Sonas's refuge support via our Outreach and Visiting Support Services.

"The last place I wanted to go when I got out of hospital was a refuge. You made it feel like home. Thank you!"

**Claire**, a client who stayed in Sonas refuge following a physical assault by her partner







# Contents

Directors' Report and Financial Statements for the year ended 31 December 2013

Directors and Other Information	14
Statement of Financial Activities	15
Balance Sheet	16
Cash Flow Statement	17
Notes to the Financial Statements	18

### **Directors and Other Information**

#### **Board Of Directors**

Theresa Sweeney

Anne McKeon

Louise Byrne

(Resigned 16 December 2013)

Deirdre Murphy

Sile McGuckian Fitzpatrick

Jacqueline Cremin

(Appointed 20 November 2013)

### Secretary and Registered Office

Sile McGuckian Fitzpatrick
Sonas Domestic Violence Charity Limited
14 Bachelors Walk
Dublin 1

#### Chief Executive Officer

Fiona Ryan

### Company Registration Number

195618

#### **Auditors**

Duignan Carthy O'Neill Chartered Accountants Registered Auditors 84, Northumberland Road Ballsbridge Dublin 4

### **Principal Bankers**

Bank of Ireland 371 North Circular Road Dublin 7

#### **Solicitors**

Aitken Clay 46 Harrington Street Dublin 8

Hayes Solicitors Lavery House Earlsfort Terrace Dublin 1

# **Statement of Financial Activities**

for the year ended 31 December 2013

Other Income         37,578         37,578         -           Rental Income         240,715         72,122         -         312,837         299,057	Fun	ted Unrestricted the Fund 113 201	Restricted Funds 2013 €	ds Funds	Total Funds 2012 €
Rental Income 240,715 72,122 - 312,837 299,057	t Funding <b>1.6</b> 2,074,1	-	2,074,179	- 2,074,179	2,048,368
	37,5		37,578	37,578	-
Donations & Fundraising - 32,358 - 32,358 18.423	240,7	22	240,715	- 312,837	299,057
,	ising	158	-	- 32,358	18,423
Amortisation of grant income 332,969 332,969 324,017	nt income	- 332,96		69 332,969	324,017
Total Incoming Resources         2,352,472         104,480         332,969         2,789,921         2,689,865	<b>5ources</b> 2,352,4	80 332,96	2,352,472	69 2,789,921	2,689,865
Depreciation (391,098) (391,098) (397,040) Legal, Professional &	Provision of (2,093,53	- (391,098	(2,093,530)	98) (391,098)	(1,878,046) (397,040) (175,031)
<b>Total Resources Expended</b> (2,093,530) (4,052) (512,907) (2,610,489) (2,450,117)	pended (2,093,53	52) (512,907	(2,093,530)	)7) (2,610,489)	(2,450,117)
Net Movement in Funds         258,942         100,428         (179,938)         179,432         239,748	<b>Funds</b> 258,9	179,938	258,942	38) 179,432	239,748
Surplus/(Deficit) on ordinary	n ordinary				(213,402)
Interest receivable and similar	nd similar		258,942		26,346 20,431
	ar 258.9		258 942	*	46,777
· · · · · · · · · · · · · · · · · · ·					46,777

There are no recognised gains or losses other than the results for the above two financial years.

# **Balance Sheet**

### as at 31 December 2013

			2013		2012
	Notes		€		€
Fixed Assets					
Tangible assets	6		16,154,453		15,850,075
Current Assets					
Debtors	7	12,443		53,314	
Cash at bank and in hand	8	1,466,577		1,308,162	
		1,479,020		1,361,476	
Creditors: amounts falling due within					
one year	9	(161,906)		(228,895)	
Net Current Assets			1,317,114		1,132,581
Total Assets Less Current Liabilities			17,471,567		16,982,656
Restricted Government Grants	10		(16,417,974)		(16,105,057)
Net Assets			1,053,593		877,599
Capital and Reserves					
Building Maintenance Reserve	11		571,825		522,901
Accumulated Funds			481,768		354,698
Funds	12		1,053,593		877,599

# **Cash Flow Statement**

for the year ended 31 December 2013

		2013	2012
	Notes	€	€
Reconciliation of operating Surplus / (Deficit) to net cash inflow from charitable activities			
Operating Surplus		107,310	26,346
Depreciation		391,098	397,040
Decrease/(Increase) in debtors		40,871	(3,960)
Decrease in creditors		(66,989)	(68,093)
Government grant released		(332,969)	(324,017)
Provision for building maintenance reserve		72,122	213,402
Net cash inflow from charitable activities		211,443	240,718
Cash Flow Statement			
Net cash inflow from charitable activities		211,443	240,718
Returns on investments and servicing of finance	16	19,760	20,431
Capital expenditure	16	(695,476)	(349,846)
Capital Grants Received	16	645,886	304,245
<b>Building Maintenance Reserve Expended</b>	16	(23,198)	10,598
Increase in cash in the year	_	158,415	204,950
Reconciliation of net cash flow to movement in net funds (Note 15)			
Increase in cash in the year		158,415	204,950
Net funds at 1 January 2013		1,308,162	1,103,212
Net funds at 31 December 2013	_	1,466,577	1,308,162

for the year ended 31 December 2013

### 1. Accounting Policies

### 1.1. Accounting Convention

The financial statements have been prepared in accordance with accounting standards generally accepted in Ireland and Irish statute comprising the Companies Acts, 1963 to 2013, and the Charities SORP (Amended 2008). Accounting Standards generally accepted in Ireland in preparing financial statements giving a true and fair view are those published by Chartered Accountants Ireland and issued by the Accounting Standards Board.

#### 1.2. Tangible Fixed Assets and Depreciation

All tangible fixed assets are recorded at historic cost.

Depreciation is on all tangible fixed assets at rates calculated to write off the cost or valuation, less estimated residual value, of each asset systematically over its expected useful life, as follows:

Land & Buildings	2% Straight Line
Office Equipment	20% Straight Line
Fixtures, fittings & equipment	20% Straight Line
Motor vehicles	20% Straight Line

The carrying values of tangible fixed assets are reviewed annually for impairment in periods if events or changes in circumstances indicate the carrying value may not be recoverable.

#### 1.3. Pensions

Pension benefits for employees are met by payments to a defined contribution pension fund.

The regular cost of providing retirement pensions and related benefits is charged to the Income and Expenditure account over the employees' service lives on the basis of a constant percentage of earnings. The assets of the scheme are held separately from the company in independently administered funds.

#### 1.4. Taxation

The company is exempt from taxation due to its charitable status. The company's charity number is 10872.

#### 1.5. Government Grants

Grants are credited to deferred revenue. Grants towards capital expenditure are released to the profit and loss account over the expected useful life of the assets. Grants towards revenue expenditure are released to the Statement of Financial Activities as the related expenditure is incurred.

#### 1.6. Income

Income represents the total of grants, donations and rental income related to the year. Income is received in cash by way of donations, gifts, grants and fundraising events. Cash donations, gifts, and grants are included in full in the Statement of Financial Activities as soon as they are received. Cash collected from fundraising events is included in the Statement of Financial Activities as soon as it is credited in the bank.

Bank interest received is included in the Statement of Financial Activities as soon as it is credited to the bank account. Rental income is accrued for the year to which it relates.

for the year ended 31 December 2013 (continued)

### 1.6. Income (continued)

Revenue based grant income	2013	2012
	€	€
Dublin City Council/Dublin Region Homeless Executive	814,718	718,101
HSE South West Ranelagh	11,904	12,272
HSE South West Ringsend	75,872	78,218
HSE South West Clondalkin	90,135	92,923
HSE South West Tallaght	42,592	45,046
HSE North Killester Grant	169,636	173,986
HSE North Killester Childcare	24,094	24,788
HSE VSS	60,000	60,000
HSE North West Blanchardstown (CCAS)	17,156	18,059
HSE North West Blanchardstown	705,580	729,909
Fingal Co. Council	4,231	9,001
South Dublin Co. Council	10,860	10,860
Mayo Co. Council	45,228	45,228
Meath Co. Council	2,173	2,173
Wicklow Co. Council	-	22,885
Other Grants		4,919
	2,074,179	2,048,368

Income received from Grant Funders	Received and released in 2013	Deferred from 2012	Deferred to 2014	Per Financial Statements 2013
	€	€	€	€
Dublin City Council/Dublin Region Homeless Executive	788,718	26,000	-	814,718
HSE Grants	1,153,970	43,000	-	1,196,970
Fingal Co. Council	4,231	-	-	4,231
South Dublin County Council	10,860	-	-	10,860
Mayo County Council	45,228	-	-	45,228
Meath County Council	2,172	-	-	2,172
	2,005,179	69,000	-	2,074,179

for the year ended 31 December 2013 (continued)

### Expenditure

All expenditure is charged in the period to which it relates.

### 2. Surplus for the Year

	2013	2012
	€	€
Operating surplus is stated after charging:		
Depreciation of tangible assets	391,098	397,040
Auditors' remuneration	8,303	8,303
and after crediting:		
Government grants amortised	(332,969)	(324,017)

#### 3. Interest Receivable and Similar Income

	2013	2012
	€	€
Bank interest	19,760	20,431

### 4. Employees Number of Employees

The average monthly numbers of employees (including the directors) during the year were:

	2013 Number	2012 Number
All employees	40	39
Employment costs	2013	2012
	€	€
Wages and salaries - support staff for women and children	1,268,444	1,112,928
Wages and salaries - administration support staff	250,507	187,255
Social welfare costs - support staff for women and children	133,138	116,210
Social welfare costs - administration support staff	25,808	19,830
Pension costs - support staff for women and children	16,418	14,629
Pension costs - administration support staff	2,823	5,008
	1,697,138	1,455,860

Directors salary for 2013 was €Nil (2012 : €Nil).

There is one employee whose salary is in excess of €70,000, which is the Chief Executive Officer, who's annual salary is €89,000 and during 2013 was paid €64,064 for the 8 month period.

for the year ended 31 December 2013 (continued)

#### 5. Pension Costs

The company operates one defined contribution scheme for eligible employees. Pension costs amounted to €19,241 (2012 - €19,637). The assets of the scheme are vested in independent trustees for the sole benefit of those employees.

### 6. Tangible Assets

	Fixtures,			
Land and	fittings	Office	Motor	
Buildings	equipment	Equipment	Vehicle	Total
€	€	€	€	€
18,317,817	150,502	133,693	-	18,602,012
644,664	-	34,112	16,700	695,476
18,962,481	150,502	167,805	16,700	19,297,488
2,501,633	134,098	116,206	-	2,751,937
377,964	3,460	7,169	2,505	391,098
2,879,597	137,558	123,375	2,505	3,143,035
16,082,884	12,944	44,430	14,195	16,154,453
15,816,184	16,404	17,487	-	15,850,075
	Buildings €  18,317,817 644,664 18,962,481  2,501,633 377,964 2,879,597  16,082,884	Land and Buildings equipment	Land and Buildingsfittings equipmentOffice Equipment€€€18,317,817150,502133,693644,664-34,11218,962,481150,502167,8052,501,633134,098116,206377,9643,4607,1692,879,597137,558123,37516,082,88412,94444,430	Land and Buildings       fittings equipment       Office Equipment       Motor Vehicle         €       €       €       €         18,317,817       150,502       133,693       -         644,664       -       34,112       16,700         18,962,481       150,502       167,805       16,700         2,501,633       134,098       116,206       -         377,964       3,460       7,169       2,505         2,879,597       137,558       123,375       2,505         16,082,884       12,944       44,430       14,195

### 7. Debtors: Amounts Falling Due Within One Year

	2013	2012
	€	€
Rent Receivable	119	119
Prepayments and accrued income	12,324	53,195
	12,443	53,314

for the year ended 31 December 2013 (continued)

#### 8. Cash at Bank and in Hand

	2013	2012
	€	€
Current Accounts	401,150	252,801
Deposit Account		
- Amount set aside to provide for a Building Maintenance Reserve	571,825	522,901
- Other deposits	491,356	530,520
Petty Cash	2,246	1,940
	1,466,577	1,308,162

The funds held in the current account are restricted to the running of the service and the charity. All monies held in the deposit accounts are restricted funds to cover charity running costs and the Building Maintenance Reserve Fund.

### 9. Creditors: Amounts Falling Due Within One Year

	2013	2012
	€	€
Trade creditors	53,413	45,059
Pension	-	69
Other taxes and social security costs	53,505	38,151
Accruals & Deferred Income	54,385	117,401
Other Creditors	603	28,215
	161,906	228,895
Other taxes and social security costs include:		
PAYE & PRSI	53,505	16,895

#### 10. Government Grants

	2013	2012
	€	€
At 1 January 2013	16,105,057	16,124,829
Increase in year	645,886	304,245
	16,750,943	16,429,074
Released in year	(332,969)	(324,017)
At 31 December 2013	16,417,974	16,105,057

The company owns properties in Killester, Clondalkin, Ballina, Navan, Ringsend, Ballymun, Blanchardstown, Stepaside, Belmayne, Tallaght and Wicklow. These properties are subject to mortgages. The company has a contingent liability to repay the monies advanced if certain conditions set out in the various mortgage agreements are not complied with.

for the year ended 31 December 2013 (continued)

### 11. Building Maintenance Reserve

The company has a building maintenance reserve. This reserve is to meet contingency building maintenance expenditure that may arise on housing stock. This reserve has a balance of €571,825 at 31 December 2013 (2012: €522,901).

#### 12. Reconciliation of Movements in Funds

	2013	2012
	€	€
Restricted Funds - Current Year	258,942	264,369
Designated Funds - Current Year	28,306	10,025
Unrestricted Funds - Current Year	(160,178)	(227,617)
Surplus for the year	127,070	46,777
Net Increase in Building Maintenance Reserve	48,924	202,803
	175,994	249,580
Opening Funds brought forward	877,599	628,019
	1,053,593	877,599

Closing Reserves allocated as follows:

	Opening Surplus/(Deficit)		Closing Surplus/(Deficit)
	01/01/13	2013	31/12/13
	€	€	€
Restricted Funds	524,238	258,942	783,180
Designated Funds	95,826	28,306	124,132
Unrestricted Funds	(587,584)	(160,178)	(747,762)
Un-allocated reserves prior to 1/1/07	322,218	-	322,218
Building Maintenance Reserve	522,901	48,924	571,825
	877,599	175,994	1,053,593

### 13. Capital Commitments

The company had the following capital committments at 31 December 2013:

	2013	2012
	€	€
Retention monies due for property at Fitzwilliam Road, Wicklow	22,216	_

for the year ended 31 December 2013 (continued)

### 14. Ultimate Parent Undertaking

The company is controlled by its Members and the Board of Directors.

### 15. Analysis of Changes in Net Funds

	Opening balance	Cash flows €	Closing balance €
	€		
Cash at bank and in hand	1,308,162	158,415	1,466,577
Net funds	1,308,162	158,415	1,466,577

### 16. Gross Cash Flows

	2013	2012
	€	€
Returns on investments and servicing of finance		
Interest received	19,760	20,431
Capital expenditure		
Payments to acquire tangible assets	(695,476)	(349,846)
Receipt of grant	645,886	304,245
Building Maintenance Reserve expended	23,198	10,598